Disney Princess

LESSON PLAN 1

THE FEMALE LEAD

TITLE # MAGIC MIRROR

AGE RANGE Primary - 5-9 yo **TIME** 30mins

LEARNING OBJECTIVES

- Encourage self-reflection and self-awareness - boost confidence.
- Think about worthiness - focussing on more active, positive, and inclusive definitions of character.
- Students see and celebrate their own positive character aspects, identifying their own bravery, kindness, confidence, powers, skills and talents.
- Students relate their own strengths to Disney princesses, who will provide positive role models of character.

MATERIALS NEEDED

- Writing materials (pencils, pen etc.)
- Activity Booklet 1
- Slide Deck 1

LESSON OVERVIEW

- In this lesson, we redefine the magic mirror - the mystical object featured in Snow White. We want to use the concept of the mirror to encourage meaningful self-reflection.
- The theme is self-reflection, Students use the activity materials to relate themselves to Disney princesses and their qualities.

PROCEDURE

LESSON STEP	TEACHER ACTION	STUDENT ACTION
RECAP OF ASSEMBLY 3 Minutes	**DISPLAY SLIDE 1** **SAY:** Who can name a Disney Princess or a sidekick? Take answers from students. **SAY:** What makes a princess? Confirm and extend students' descriptions where relevant. Disney shows us that princesses are kind, courageous, confident, and brave. Encourage students to think of times when they showed any of these qualities. **DISPLAY SLIDE 2** **SAY:** The qualities that make princesses great are inside all of us – that little spark of magic – and you don't need enchanted hair or a castle to find it.	Students give examples of princesses and sidekicks. Students describe what qualities make a princess. Reflecting on what qualities they have
CHARACTER 5 Minutes	**DISPLAY SLIDE 3** **SAY:** What do you see when you look in the mirror? Take answers from the students. **SAY:** When you look in the mirror, what unique features do you see? Confirm and extend students' answers where relevant. Focus on what makes students stand out from others. Examples: (my freckles, my colourful glasses, my curly hair, and the same nose as my brother or sister).	Students to describe the qualities that make them unique.

PROCEDURE

LESSON STEP	TEACHER ACTION	STUDENT ACTION
	DISPLAY SLIDE 4 **SAY:** What you look like isn't the most important thing, though. What is important is what is inside you - we call this character. Initiate a 30-second discussion. Either pair students off and allow them to share answers after or facilitate the discussion with the whole class. After 30 seconds, highlight the following: bravery, kindness, confidence, powers, skills, and talents.	Students discuss what character is and what qualities are important.
	SAY: In the story of Snow White, The Evil Queen uses her magic mirror to keep an eye on Snow White. She is terrified that anyone should be more beautiful than her! To The Evil Queen, beauty is the most important thing in the world. We know she's wrong. Character is what counts. Facilitate a short Q&A discussing why The Evil Queen is wrong. What might happen if we focus on what's on the outside?	Students identify that focusing on the outside means overlooking the value of our character.
	DISPLAY SLIDE 5 **SAY:** Disney princesses know that character is what counts, and they show their character in lots of different ways. Who knows this princess on the screen? Yes - that's Moana. Can you tell me how she shows character in her actions? Is she brave? Is she kind?	Let students volunteer some positive aspects of Moana's character
	SAY: What makes a Disney Princess shine is her character. The most important thing is what's on the inside - what our magic mirror would show, if it could reflect our character back to us.	

PROCEDURE

LESSON STEP	TEACHER ACTION	STUDENT ACTION
IN CLASS WORKSHEET ACTIVITY 20 Minutes	**DISPLAY SLIDE 6** **SAY:** We are going to do a quiz to find out our most special character strengths. Then, we'll get to see which princess has the same characteristics as us. Hand out Activity Book 1. Read the questions together and ask students to tick which option in each question is most like them. Throughout Activity, **DISPLAY SLIDE 7.** After completing the quiz, ask students to tally their answers. Explain mostly A corresponds to Snow White as the princess you are most like etc. Optional questions to ask students after completing the quiz: • What else do you have in common with your princess? • Which word is most like you? • How many words can you find that also mean 'courage' or 'kindness'? • If character is what makes a princess, what are your princess qualities?	Students work through Activity Book 1. Students tally up their answers to the quiz and reflect on which princess or princesses they are most like, and their corresponding qualities and characteristics they share.
	SAY: In all the qualities of Disney princesses we talked about, we saw that being a Disney Princess is all about character, and what's on the inside. Your special qualities are what makes you, you. Remember your special qualities, like your kindness, or your courage, and remember how beautiful the magic mirror that reflects these qualities would look if you could peer into it. Explain the take-home activity. Students colour the magic mirror. If there was a mirror that reflected your inner character, what would it look like? What colours would be there?	Students colour their magic mirror to reflect their character.

DISNEY PRINCESS *Guide*

SNOW WHITE
- CAREFREE
- EMPATHETIC
- COMFORTING
- SWEET
- ANIMAL LOVER
- POSTIVITE

CINDERELLA
- OPTIMISTIC
- GRACEFUL
- DREAMER
- ATTENTIVE
- CONSCIENTIOUS
- SENSE OF HUMOUR

ARIEL
- FIERCE
- CURIOUS
- FREE-SPIRITED
- DRIVEN
- WILLFUL
- UNCONVENTIONAL

AURORA
- LOVING
- JOYFUL
- FRIENDLY
- GOOD-NATURED
- GRACEFUL
- IMAGINATIVE

POCAHONTAS
- PROTECTOR
- BOLD
- DARING
- RESOLUTE
- GIVING
- SPIRITUAL

BELLE
- INTELLIGENT
- LOYAL
- GENEROUS
- COMPASSIONATE
- LIFE-LONG LEARNER
- AUTHENTICALLY HERSELF

JASMINE
- SPIRITED
- GENEROUS
- SELF-ASSURED
- OPEN-MINDED
- INCLUSIVE
- SEES GOOD IN OTHERS

MULAN
- RISK-TAKER
- COURAGEOUS
- RESOURCEFUL
- TEAM PLAYER
- STRONG-WILLED
- INTROSPECTIVE

MOANA
- DARING
- PROUD
- STRONG
- RELIABLE
- VOYAGER
- LEADER

RAYA
- STRONG
- DETERMINED
- LOYAL
- KIND
- SKILLED
- HOPEFUL

TIANA
- RESILIENT
- SELF-RELIANT
- AMBITIOUS
- TENACIOUS
- HOPEFUL
- FOCUSED

MERIDA
- BRAVE
- TRUE
- LOYAL
- CONFIDENT
- REBELLIOUS
- DEDICATED

RAPUNZEL
- OPEN
- INDEPENDENT
- ADVENTUROUS
- IMAGINATIVE
- INQUISITIVE
- ENTHUSIASTIC